



**Online Training for SELF STUDY
Personal & Professional Reflection Form**

One Training Hour or One Journal of Observation for VSQI Standard 1/Part 2

Your Name _____ Date _____

Title of Online Training _____

Online Source of SBGR approved online training, listed on page 2 of this form.
(check one & attach a copy of article or training description)

_____ SBGR Website Video or Resource Link _____ CELL videos _____ NAEYC/SECA radio

_____ SBGR Facebook article/resource _____ Zero to Three Podcast _____ T/TAC Online

Describe what you learned, and how you plan to improve the quality of your program or classroom:

The first thing I learned...

The second thing I learned...

To improve the quality of my program or classroom, I will...

I, _____, certify that I completed the entire online training listed above and have attached a copy of the article or a description of the training to this reflection form (print out from internet).

Participants Signature _____ Date Completed _____

Home Based Providers - please have your DSS agent initial & date form below to verify training hours completed
Center /School Based Programs - please have your center director or principal initial & date form below to verify training hours completed

Supervisor's Initials _____ Date _____

Kris Meyers : Program Manager; Smart Beginnings Greater Roanoke

For questions, please contact 540-777-4211

PAGE 2 –

List of Smart Beginnings Greater Roanoke Approved Online Training sources -

- SBGR Website Video or Resource Link : www.smartbeginningsroanoke.org
 - Select EDUCATORS page – Links to Training & Resources or Video Library
- SBGR Facebook article or recommended link : www.facebook.com/smartbeginningsroanoke
- SBGR Pinterest article or recommended link : www.pinterest.com/SBRoanoke/
- CELL Videos – Center for Early Literacy Learning : www.earlyliteracylearning.org
- NAEYC radio – National Association for the Education of Young Children
<http://www.naeyc.org/newsroom/NAEYCradio>
- SECA radio – Southern Early Childhood Association: <http://www.southernearlychildhood.org/radio.php>
- Zero to Three Podcasts – www.zerotothree.org
- T/TAC online - www.ttaonline.org

If you would like to use an online training resource that is not on this list, please contact SBGR at 540-777-4211 or email kris@uwrv.org